

Food for soul - Cookies Policy

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Food for soul is the data controller, for more information please see the Privacy Policy.

Food for soul uses cookies to collect and store the information Food for soul automatically collects about your computer, device, and use of its website at www.foodforsoul.it (the “Website”). You can find out more about cookies and how to control them in the information below.

If you do not accept the use of these cookies, please disable them using the instructions in this cookie policy, by following the 'opt-out' links provided below or by changing your browser settings so that cookies from the Website cannot be placed on your computer or mobile device.

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1. WHAT IS A COOKIE?

Cookies are text files containing small amounts of information which are downloaded to your computer or mobile device when you visit a certain webpage. Cookies are then sent back to the originating webpage on each subsequent visit, or to another webpage that recognises that cookie. Cookies are widely used in order to make the Website work, or to work more efficiently, as well as to provide information to the owners of the Website.

Cookies do lots of different jobs, like letting you navigate between pages efficiently, remembering your preferences, and generally improving the user experience. Cookies may tell Food for soul, for example, whether you have visited the Website before or whether you are a new visitor. They can also help to ensure that adverts you see online are more relevant to you and your interests.

Cookies can remain on your computer or mobile device for different periods of time. Some cookies are 'session cookies', meaning that they exist only while your browser is open. These are deleted automatically once you close your browser. Other cookies are 'permanent cookies', meaning that they survive after your browser is closed. They can be used by the Website to recognise your computer when you open your browser and browse the Internet again.

2. HOW DOES FOOD FOR SOUL USE COOKIES?

Food for soul uses cookies strictly necessary for the proper functioning of the website, for its legitimate interest to enhance your online experience and to enable or facilitate communication by electronic means.

3. WHAT TYPES OF COOKIES DOES FOOD FOR SOUL USE?

The types of cookies used by Food for soul and Food for soul's partners in connection with the Website can be classified into four categories, namely 'essential Website cookies', 'functionality cookies', 'analytics and performance cookies', and 'social media cookies'. Food for soul has set out some further information about each category, and the purposes of the cookies Food for soul sets in the following table.

Type of cookie	What it does	How to block
Cookies necessary for essential the Website purposes	These cookies are essential to provide you with the Website and any services available through this Website and to use some of its features, such as access to secure areas. Without these cookies, services you have asked for, like transactional pages and secure login accounts, would not be possible.	Please see the instructions set out in 'How to control or delete cookies' below.
Functionality Cookies	<p>Functionality cookies record information about choices you've made and allow Food for soul to tailor the Website to you. These cookies mean that when you continue to use or come back to the Website, Food for soul can provide you with Food for soul's services as you have asked for them to be provided. For example, these cookies allow Food for soul to:</p> <ul style="list-style-type: none"> • Save your location preference if you have set your location on your homepage, if applicable, in order to receive a local weather forecast; • Remember settings you have applied, such as layout, text size, preferences, and colors; • Show you when you are logged in; and • Store accessibility options. 	Please see the instructions set out in 'How to control or delete cookies' below.
Performance / Analytics Cookies	Food for soul uses Google Analytics which is a web analytics tool that helps Food for soul understand how users engage with the Website. Like many services, Google Analytics uses first-party cookies to track user interactions as in Food for soul's case, where they are used to collect information about how users use the site. This information is used to compile reports and to help Food for soul improve the Website. The reports disclose website trends without identifying individual visitors.	You can opt out of Google Analytics without affecting how you visit the site – for more information on opting out of being tracked by Google Analytics across all websites you use, visit this Google page .
Social Media Cookies	On some pages of the Website, third parties that provide applications through the Website may set their own anonymous cookies in order to track the success of their applications or customize applications for you. For example, when you share an article using a social media sharing button on the Website (e.g., Facebook, Twitter, or Google Plus), the social network that has created the button will record that you have done this. Because of how cookies work, Food for soul cannot access these cookies, nor can the third parties access the data in cookies used by Food for soul. Some pages of the Website may also contain embedded content, such as video content from YouTube, and these sites may set their own cookies.	Please see the instructions set out in 'How to control or delete cookies' below.

4. HOW TO CONTROL OR DELETE COOKIES?

You have the right to choose whether or not to accept cookies and Food for soul has explained how you can exercise this right below. However, please note that if you choose to refuse cookies you may not be able to use the full functionality of the Website.

Most browsers allow you to change your cookie settings. These settings will typically be found in the “options” or “preferences” menu of your browser. In order to understand these settings, the following links may be helpful, otherwise you should use the “Help” option in your browser for more details.

- [Cookie settings in Internet Explorer](#)
- [Cookie settings in Firefox](#)
- [Cookie settings in Chrome](#)
- [Cookie settings in Safari web](#) and [iOS](#).

5. CHANGES TO THIS COOKIE POLICY

Any changes Food for soul will make to this Cookie Policy in the future will be posted on this page. Please check back frequently to see any updates or changes to this Cookie Policy.

6. NEED MORE INFORMATION?

If you would like to find out more about cookies and their use on the Internet, you may find the following links useful:

- [All About Cookies](#)

7. CONTACT FOOD FOR SOUL

If you have any questions or comments about this cookies policy, or privacy matters generally, please contact Food for soul via email info@foodforsoul.it or the address provided below:

Food for soul – Via Rua Muro, 85 Modena – Italy